

BRETT MEYERHOFF - SENIOR SERVICES DIRECTOR

Steeleville Area Nutrition Site

618-965-3134 EXT. 4

## MENU SEPTEMBER 2026

107 W. Broadway

Steeleville, IL 62288

Hours: 8:30 - 12:30 M-F

| MONDAY                                                                                                    | TUESDAY                                                                                                 | WEDNESDAY                                                                                           | THURSDAY                                                                                                   | FRIDAY                                                                                                    |
|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
|                                                                                                           | 1                                                                                                       | 2                                                                                                   | 3                                                                                                          | 4                                                                                                         |
| <b>FUNDED BY AGESMART</b>                                                                                 | CHICKEN STIR FRY<br>EGG ROLL<br>PEACH SLICES<br>JELLO SALAD<br>CHOCOLATE PUDDING                        | ROTINI LASAGNA<br>GARLIC BREAD<br>SALAD TO GO<br>MANDARIN ORANGES<br>TOFFEE CAKE                    | SWISS MEATBALLS<br>MASHED POTATOES<br>BRUSSEL SPROUTS<br>THREE BEAN SALAD<br>PEACH COBBLER                 | BEEF ROAST, BOILED POTATO<br>CARROTS<br>PEA SALAD<br>PINEAPPLE<br>COTAGE CHEESE TO GO                     |
| 7                                                                                                         | 8                                                                                                       | 9                                                                                                   | 10                                                                                                         | 11                                                                                                        |
| <b>CLOSED FOR LABOR DAY</b>                                                                               | BEEF AND NOODLE<br>MIXED VEGGTABLES.<br>SALAD TO GO<br>BLACK EYED PEA SALAD<br>PEARS                    | TUNA SALAD, BUN ON SIDE<br>PICKLE LIL DILLS, PRETZELS<br>JELLO SALAD<br>FRUIT PIZZA                 | RIBLET<br>BAKED BEANS<br>SLAW, COTTAGE CHEESE TO GO<br>CHERRY PIE                                          | FRENCH TOAST STICKS<br>SYRUP, SCRAMMBLED EGGS<br>SAUSAGE LINKS<br>FRESH FRUIT SALAD<br>YOGURT AND GRANOLA |
| 14                                                                                                        | 15                                                                                                      | 16                                                                                                  | 17                                                                                                         | 18                                                                                                        |
| CHICKEN STRIPS<br>CALIFORNIA BLEND<br>BAKED BEANS<br>COTTAGE CHEESE TO GO<br>PEAR SLICES, VANILLA PUDDING | MEATLOAF, SWEET RICE<br>CABBAGE<br>MANDARIN ORANGES<br>PEACH CRISP                                      | TOMATO SOUP, GRILLED CHEESE<br>LAYERED SALAD<br>PINEAPPLE CHUNKS                                    | CHICKEN GRAVY OVER MASHED<br>POTATOES, GLAZED CARROTS<br>PEACHES<br>BREAD AND BUTTER<br>CHEESE STICK TO GO | TACO SALAD<br>BLACK BEANS<br>MIXED FRUIT<br>ÉCLAIR DESSERT                                                |
| 21                                                                                                        | 22                                                                                                      | 23                                                                                                  | 24                                                                                                         | 25                                                                                                        |
| PORK CHOP<br>BOILED POTATO<br>PORK AND BEANS<br>APPLESAUCE<br>SALAD TO GO                                 | SPAGHETTI AND MEATBALLS<br>GARLIC BREAD<br>ROMAINE SALAD<br>MANDARIN ORANGES<br>BANANA PUDDING W/WAFERS | CHICKEN POT PIE<br>PEAS<br>BEET SALAD<br>PINEAPPLE<br>COTAGE CHEESE                                 | CHICKEN SALAD BUN ON SIDE<br>JELLO SALAD<br>BROCOLI SALAD<br>COOKIE BROWNIE(BROOKIE)                       | POTATO SOUP<br>GARLIC BREAD<br>SPINACH SALAD<br>YOGURT TO GO<br>PEACH SLICES                              |
| 28                                                                                                        | 29                                                                                                      | 30                                                                                                  |                                                                                                            |                                                                                                           |
| BUTTER CHICKEN<br>CHEESEY POTATOES<br>BEET SALAD<br>CRANBERRIES<br>BANANA BREAD                           | BREAKFAST QUICHE<br>POTATO ONION HASH<br>YOGURT AND GRANOLA<br>GLAZED DOUGHNUT                          | TATER TOT CASSEROLE<br>CALIFORNIA BLEND<br>BREAD AND BUTTER<br>COTTAGE CHEESE TO GO<br>PEACH SLICES |                                                                                                            |                                                                                                           |

STEELEVILLE AREA NUTRITION SITE