REBECCA KIEHNA - SENIOR SERVICES DIRECTOR

Steeleville Area Nutrition Site

MENU OCTOBER 2023

Steeleville, IL 62288

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Hours: 9 - 4:00 M-F

618-965-3134 ext. 5 **MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY** 2 4 6 SLOPPY JOE SANDWICH **PORK ROAST** CHICKEN STIR FRY **COD SQUARE BAKED BEANS EGG CASSEROLE** MASHED POTATOES WITH MIXED VEGS **BAKED BEANS SLAW** SAUSAGE LINKS **CARROTS OVER STEAMED RICE SLAW** MANDARIN ORANGES **BISCUIT & GRAVY APPLESAUCE CAROLINA BEANS PEARS** ÉCLAIR DESSERT FRUIT SALAD **BLACK FOREST DESSERT PEACHES** 9 10 11 12 13 CHICKEN SANDWICH **MEATLOAF TEX MEX BEANS RED BEAN SALAD BEEF AND NOODLES ICEBERG SALAD MASHED POTATOES** LAYERED SALAD **CLOSED - OCTOBERFEST CLOSED - OCTOBERFEST PEARS BRUSSEL SPROUTS** APPLESAUCE BROWNIE MIXED FRUIT CORN 16 17 18 19 20 CHICKEN FRIED STEAK SPAGHETTI & MEATSAUCE HAM AND BEANS MASHED POTATOES VEG. BEEF SOUP **ROMAINE SALAD BROCCOLI SALAD** RIBLET VEGETABLE MEDLEY **BEAN SALAD APPLESAUCE CRANBERRIES** MAC & TOMATOES **PEARS GRILLED CHEESE** GARLIC BREAD CORNBREAD MIXED FRUIT MANDARIN ORANGES CHOC CHIP COOKIE BAR FRUIT COCKTAIL CAKE JELLO SALAD 23 24 25 26 27 PORK STEAKS **BEEF STEW** TACO CASSEROLE W/ REFRIED **CATFISH FILET SLAW CORNBREAD ROTINI LASAGNA** BEANS AND SPANISH RICE **SWEET POTATO FRIES GERMAN POTATO SALAD BLACK EYED PEA SALAD** ROMAINE SALAD **PEARS** SLAW MANDARIN ORANGES SPINACH SALAD MIXED FRUIT **BREAD PUDDING PEACHES** TOFFEE CAKE MANDARIN ORANGES **GARLIC BREAD** 30 31 PULLED PORK SANDWICH SWISS STEAK POTATO SALAD **MASHED POTATOES** SLAW MIXED VEGS. PINEAPPLE CHUNKS SLICED PEACHES PEACH COBBLER

STEELEVILLE AREA NUTRITION SITE

Phone 965-3134 ext. 5